

Joint Replacement Classes

Sutter Solano Medical Center is dedicated to providing the best joint replacement and orthopedic services in the area. Our highly trained orthopedic staff offers classes in which patients learn about their treatment and care plans prior to their surgeries. This class is also designed to better prepare patients for their recovery after a total joint replacement.

The patients who attend this class are much more prepared for their surgery and recovery and have a better understanding of what to expect. The information helps to lessen their anxiety and fear about the surgery.

– SSMC
physical
therapist

Classes are offered each month for individuals planning for a total joint replacement surgery. During these informative sessions, our team of orthopedic professionals will discuss what to expect during your surgery, hospital stay and your return home, as well as answer any additional questions you or your family members may have.

Patients considering these surgeries may benefit from attending this class:

- Total knee and hip replacements
- Total shoulder replacement

Sutter Solano's advanced multi-disciplinary team of professionals includes:

- Local and dedicated orthopedic surgeons, committed to providing you the most advanced care and innovations in joint replacement equipment
- Primary care physicians – your orthopedic surgeon and the staff at Sutter Solano will work in concert with your primary care doctor to ensure your overall care and health needs
- Surgery nurses
- Physical and occupational therapists
- Case manager
- Dietician

Contact Us

For more information, or to register for Sutter Solano Medical Center's comprehensive joint replacement classes, please call
(707) 554-5090.



*Sutter Solano
Medical Center*

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